



Aquatics

HYDROTHERAPY TIMETABLE

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
5AM-6AM	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation	CLOSED	CLOSED
6AM-7AM	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation	CLOSED	CLOSED
7AM-8AM	OPEN	OPEN	OPEN	OPEN	OPEN	CLOSED	CLOSED
8AM-9AM	OPEN	OPEN	OPEN	OPEN	OPEN	LTS	LTS
9AM-12.30PM	LTS	LTS	LTS	LTS	LTS	LTS	LTS
12.30PM-1.30PM	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation	OPEN	OPEN
1.30PM-2.30PM	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation
2.30PM-3.00PM	OPEN	OPEN	OPEN	OPEN	OPEN	Open for Rehabilitation	Open for Rehabilitation
3.00PM-3.30PM	OPEN	OPEN	OPEN	OPEN	OPEN	CLOSED	CLOSED
3.30PM-5PM	LTS	LTS	LTS	Open for Rehabilitation	LTS	CLOSED	CLOSED
5PM-6.30PM	LTS	LTS	LTS	Open for Rehabilitation	LTS	CLOSED	CLOSED
6.30PM-7.00PM	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation	Open for Rehabilitation	CLOSED	CLOSED

KEY

Open for Rehabilitation = Must be advised by a doctor or physio for rehabilitation purposes

OPEN = Conditions Apply

LTS = Learn to Swim Only

CONDITIONS OF USE

1. This timetable is subject to change without notice.
2. Please call Mingara Aquatics on 4349 7821 to confirm the pool's availabilities.
3. Usage of the Hydrotherapy Pool is at an additional cost.
4. The Hydrotherapy Pool is not to be used as a play pool.
5. Users of the Hydrotherapy Pool must be aged 16 years and older.
6. A Hydrotherapy wrist band must be worn at all times.
7. Children aged 5-15 years of age are only permitted to use this pool for rehabilitation purposes and will need to provide a Doctors Certificate.
8. Inappropriate behaviour will result in removal from the pool.
9. All persons must obey the Lifeguards/Staff.
10. Exercise with care.
11. Ensure you have adequate water with you.
12. The pool is heated between 34-35°C.
13. Children under 5 years of age are only permitted to use the pool during the open hours.