



MING DRAGON

CHINESE CUISINE

GLUTEN FREE MENU

*Whilst the greatest of care is taken to ensure there is no gluten used in our gluten free products, gluten is used on the premises and traces may be found in our gluten free menu items.

ENTREE

	Members	Visitors
Vegetable Sang Choy Bau 4 Pieces	\$15.20	\$16.70
Chicken Sang Choy Bau 4 Pieces	\$16.00	\$17.60
Sweet Corn and Chicken Soup	\$8.00	\$8.80

SPECIALTIES

Chinese Broccoli with Oyster Sauce	\$16.50	\$18.20
Stir Fried Fish Fillet w/ Seasonal Vegetables	\$19.50	\$21.50

STIR FRYS

Mixed Vegetable & Tofu	\$17.50	\$19.30
Chicken	\$21.50	\$23.70
Beef	\$22.00	\$24.20
Combination Chicken, Beef, King Prawns	\$23.00	\$25.30
Seafood/King Prawns	\$25.50	\$28.10

Select from one of the following sauces:

- Oyster
- Curry
- Satay
- Garlic
- Ginger and Shallots
- Green Curry

RICE

	Members	Visitors
Vegetarian Fried Rice - Large	\$13.00	\$14.30
Fried Rice with Shrimps - Small	\$14.00	\$15.40
Fried Rice with Shrimps - Large	\$16.00	\$17.60
Ming Dragon Special Fried Rice - Small Chicken, Beef, Shrimps, Onion, Shallots, Bean Sprouts	\$17.00	\$18.70
Ming Dragon Special Fried Rice - Large Chicken, Beef, Shrimps, Onion, Shallots, Bean Sprouts	\$19.00	\$20.90
Steamed Rice - Per Person	\$4.20	\$4.60
Steamed Rice - Per Bucket	\$11.50	\$12.70

OMELETTE

Vegetable Omelette	\$15.50	\$17.10
Chicken Omelette	\$21.50	\$23.70
School Prawn Omelette	\$22.50	\$24.80
Combination Omelette	\$23.00	\$25.30
King Prawn Omelette	\$25.50	\$28.10

NOODLES

Vegetarian Singapore Noodles	\$17.50	\$19.30
Singapore Noodles	\$18.50	\$20.40
Stir Fried Flat Rice Noodles with Beef	\$20.00	\$22.00
Assorted Seafood with Flat Rice Noodles	\$26.00	\$28.60

DESSERTS

Vanilla Ice Cream with Topping Chocolate, Strawberry or Caramel	\$5.00	\$5.50
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