

# MING DRAGON

## CHINESE CUISINE

### GLUTEN FREE MENU

\*Whilst the greatest of care is taken to ensure there is no gluten used in our gluten free products, gluten is used on the premises and traces may be found in our gluten free menu items.

#### ENTREE

	Members	Non Members
Chicken Sang Choy Bau 4 Pieces	\$18.80	\$20.90

#### SOUP

Sweet Corn and Chicken Soup	\$10.90	\$12.10
Combination Soup with Vermicelli Noodles	\$24.00	\$26.70

#### SPECIALTIES

Chinese Broccoli with Oyster Sauce	\$17.50	\$19.40
Stir Fried Fish Fillet w/ Seasonal Vegetables	\$26.50	\$29.40

#### STIR FRY

Mixed Vegetable & Tofu	\$22.00	\$24.40
Chicken	\$24.80	\$27.60
Beef	\$25.50	\$28.30
Combination Chicken, Beef, King Prawns	\$27.00	\$30.00
Seafood or King Prawns	\$29.00	\$32.20

Select from one of the following sauces:

- Oyster
- Curry
- Satay
- Garlic
- Ginger and Shallots
- Green Curry

Add Cashew Nuts	\$3.00	\$3.30
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#### RICE

	Members	Non Members
Vegetable Fried Rice	\$19.00	\$21.10
Ming Dragon Special Fried Rice - Small Chicken, Beef, Shrimps, Onion, Shallots, Bean Sprouts	\$18.00	\$20.00
Ming Dragon Special Fried Rice - Large Chicken, Beef, Shrimps, Onion, Shallots, Bean Sprouts	\$20.00	\$22.20
Steamed Rice - Per Person	\$4.20	\$4.70
Steamed Rice - Per Bucket	\$11.50	\$12.80

#### OMELETTE

Vegetable Omelette	\$24.00	\$26.70
Chicken Omelette	\$26.50	\$29.40
Combination Omelette	\$28.50	\$31.70
King Prawn Omelette	\$30.50	\$33.90

#### NOODLES

Vegetable Singapore Noodles	\$22.00	\$24.40
Singapore Noodles	\$23.00	\$25.60
Stir Fried Flat Rice Noodles with Beef	\$25.50	\$28.30

#### DESSERTS

Vanilla Ice Cream with Topping Chocolate, Strawberry or Caramel	\$6.00	\$6.70
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